



# Five First Saturdays

The Five First Saturdays devotion, first revealed by Our Lady at Fatima on 13 July 1917, was requested on 10 December 1925, when the Blessed Virgin, appeared again to Sr. Lucia, together with the Child Jesus, who said:

**“Have compassion on the heart of your most Holy Mother”**



- **What is required for the Devotion?**

*Each part of the devotion should be made with the intention of making reparation to the Immaculate Heart of Mary, on the first Saturday of five consecutive months.*

- Go to confession – this can be up to 8 days before or after the First Saturday itself.
- Receive Holy Communion - on the day itself, in a state of grace, with the intention of making reparation as above.
- Recite five decades of the Rosary.
- Meditate on the mysteries of the Rosary for 15 minutes: this is not difficult, e.g, slowly read the Gospel account of the mysteries, or use a booklet on the Rosary.

For more details about the Five First Saturdays devotion,  
or the Message of Fatima generally, please contact:

**[info@worldfatima-englandwales.org.uk](mailto:info@worldfatima-englandwales.org.uk)**  
**[www.worldfatima-englandwales.org.uk](http://www.worldfatima-englandwales.org.uk)**